Thanks for downloading the Getting Started Guide for Kids’ Quest Pilgrim’s Progress Club. This will help you understand what the club is all about:

• Introduction (p. 2)
• Step-by-Step Instructions (pp. 3–5)
• Using Digital Resources (p. 6)
• Closing Program Options (p. 6)
• Dramatic Reading and Songs (p. 7)

The Deluxe Classroom Kit has everything you need to take your kids on a life-changing journey full of gospel truth!
Welcome to Kids’ Quest Pilgrims Club, a 13-lesson program for elementary children. It’s an exciting journey into the heart of Pilgrim’s Progress, John Bunyan’s timeless classic written in today’s English and adapted for children.

The storybook and club are designed to help young pilgrims not only understand and enjoy Bunyan’s allegorical tale but benefit from the spiritual lessons and biblical truths discovered along the way. Readers come face to face with the challenges confronting the pilgrim named Christian and discover that they, too, deal with similar obstacles in their own lives, and that Christ saves, leads, and protects them.

In the Deluxe Classroom Kit, you’ll find everything you need to lead. The curriculum is appropriate for a number of settings in your educational calendar, for example, Sundays, Wednesday night programs, during the summer, in special programs, VBS, homeschool, and more.

So, how do you get started? First, check out pages 3–7 to get an overview. Then look at and listen to the samples of the Pilgrim’s Progress storybook, the Dramatic Reading, the songs, and curriculum. Each lesson focuses on one chapter in the book and what it teaches your children, through reading, listening, exploring, singing, and a variety of activities reflecting different learning styles.

The manual guides you through each meeting step by step. On the Go, the student paper for all ages, includes songs that relate to the story and the lesson’s truths, games, crafts, activities, a parent letter, and a summary of the lesson truths and Scripture. A supplementary paper, On the Go Plus, challenges older students, but may be used for all ages.

The Pilgrim’s Progress classroom map poster guides the children through the journey. Each student will also have a map to take home or use in class.

At the end of your club, consider doing a closing program to share the story and biblical truths with your church and community. Included with the Deluxe Classroom Kit purchase are two options available by download: a musical drama or fair. (Code sent by email; more info on p. 6.) You may also visit www.childrenspilgrimsprogress.org for more resources and ideas!

Consider your space and setup as you plan. Include a seating area for reading and listening, tables for crafts and writing, and plenty of space to move around during singing, games, and activities.

Your young pilgrims will learn about God and his Word as they read and hear Christian’s story lesson by lesson. And, you, too, will be encouraged and grow in your faith.
The Adventure Begins

Lesson 1
Welcome to the story of Christian and his pilgrim journey from the City of Destruction to the Celestial City! Christian’s story is our story—God calling his people to himself and their walk of faith through life. It describes the struggles and triumphs, the temptations and victories.

For my iniquities have gone over my head; like a heavy burden, they are too heavy for me.
Psalm 38:4

He is in deep distress and in need of a Savior. He has learned from the book he is reading—God’s Word—that the City of Destruction, the sinful world we all inhabit, is doomed. He is convicted of his sin, and is afraid of being destroyed and dragged down to hell.

The Lord sends a messenger of the gospel, Evangelist, to explain more fully what the man is reading in the Bible. Evangelist unrolls a scroll—again a picture of God’s Word—and reads the message that will direct the man to the only way of escape. He tells the troubled man, “Run away from the destruction to come,” (Matthew 3:7) and points to a gate in the far distance.

However, the man cannot yet see the narrow gate (Matthew 7:13). Not discouraged by this, Evangelist then points out a light that will lead to the gate. He recognizes that God is at work in the man’s heart and mind and tells him to keep reading the Word, for Christ and the way to him are revealed there. God’s Word is the light that leads people to the gate, Christ himself.

The Holy Spirit opens the man’s eyes to the light. The man—now identified as Christian—runs freely and joyfully toward the gate crying out, “Life! Life! Life that lasts forever!” (John 3:16).

As Christian escapes, he encounters Obstinate and Pliable, sinners who represent those who refuse to turn away from their sin. When Obstinate realizes that he cannot persuade Christian to turn away from God’s Word and the journey to the gate, he returns to what he loves most, his sin and the things of this world. And for the moment, Pliable, who changes his mind often and easily, goes along with Christian.

Even young children can identify with John Bunyan’s tale of Christian and his challenging journey toward the Celestial City. (The children will learn the name of Christian’s destination in a later chapter.) Thank God for this opportunity to teach them about the light of God’s Word, the good news of Jesus Christ, and the forgiveness of sin he promises.

### Step One: Prepare your heart and pray.

- **Preparing Your Heart** focuses on the spiritual truths of the lesson to help you grow. Read it carefully and examine your life as you consider the truths from Christian’s story. Look up and study the Scripture passages.
- Thank God for his Word, pray for your understanding, and ask him to help you in your walk with him. Pray by name for each of the young pilgrims you teach, asking the Lord to work in their hearts.
- Always include this section in your preparation. You will find that as you focus on your own spiritual nourishment and education, you will be enriched and blessed, and so will the children you lead.
**Step Two:** Read *Getting Ready to Lead* and Lesson Overview Chart.

- *Getting Ready to Lead* has hands-on tips to pinpoint what you must do ahead of time to be ready for the lesson. Read this section carefully and follow all preparation procedures. Being ready to go, with everything in place, will help the meeting flow smoothly.
- The Lesson Overview Chart gives you a quick glance of the lesson activities and supplies. A suggested time allotment is given for each step, which allows flexibility for your group. (Supplies for all lessons on p. 11.)
- Each meeting is designed to take from 45 to 90 minutes.

**Step Three:** Read, then listen to Dramatic Reading of the storybook chapter.

- Read the chapter of the Pilgrim’s Progress storybook for the lesson. Familiarize yourself with special names and places and what they mean found in the Glossary at the back of the storybook (pp. 100–109).
- Listen to the Dramatic Reading of the chapter.

**Step Four:** Read *Starting Off*. 10–20 minutes

- This opening section focuses on active learning. A game, challenge, or other activity captures the children’s interest and introduces the chapter. This step is intended to be fun, dynamic, and flow into Journeying On.

**Step Five:** Read *Journeying On*. 15–30 minutes

- This step is the heart of the lesson. It is a time of reading, listening, thinking, and discussing. During the lesson, the children will read a chapter or follow along in their books while listening to the Dramatic Reading. Then you lead a time of interactive learning. As you teach and facilitate discussion, ask questions to review the story, check for understanding, and apply the teaching. Questions encourage participation, which increases learning.
- Make this a time when your young pilgrims are actively engaged in exploration, discovery, and growth!
**Preparing for the Journey continued**

**STEP SIX: Read and complete Taking Action. 15–25 minutes**

- This active segment reinforces lesson truths and checks student understanding so that they can apply it to their lives. Through songs, games, crafts, and other options, club members work on a variety of challenging, helpful, and fun activities in the *On the Go* student papers (all students) and *On the Go Plus* (older students). Make sure to complete the papers yourself.

- The *On the Go Plus* paper is designed as an additional challenge for older students (grades 4 and up). You may have to limit which activities you complete in the *On the Go* paper to leave enough time for the *Plus* activities. Older students will receive both papers and can complete other activities at home during the week. (You may give the *Plus* paper to younger students who would like more of a challenge.)

- Listen to the song for each lesson from *Songs for the Journey*. Play the CD while students are working on their papers.

- Song lyrics for every song are printed on the *On the Go* papers and can be downloaded with the closing program options.

**STEP SEVEN: Read Stepping Out. 5–15 minutes**

- To conclude club time, summarize the main truths and always spend time praying together. You will use a scroll to write down prayer requests and answers.

- At the end of this step, make sure students leave with all their take-home materials. Show them the parent letter on the back of *On the Go*.

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**A Versatile Curriculum**

In addition to being part of your church’s children’s ministry programs, Kids’ Quest Pilgrims Club can also be used in Christian school and homeschool settings.

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**Prayer Requests Scroll**

You will use the scroll described in *Stepping Out*, Lesson 1 to record prayer requests. After praying for each need, roll up the scroll and put it in a safe place. Plan to make use of the scroll during the closing prayer segment each week.

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**Using the Glossary**

Each week, refer to the *Glossary* in the *Pilgrim’s Progress* storybook, pp. 100–109. It lists the special words used in each chapter and explains what they mean. Let the children look up the words after completing the chapter and read the definitions aloud. Then include further discussion, if necessary.
Using Digital Resources

Closing Program and Extras Download

- When you purchase the Deluxe Classroom Kit, you will get an email with a code. Go to www.gcp.org/downloadcenter to enter your code and download your free items. Have questions or didn’t receive your code? Call 800-695-3387 or go to www.childrenspilgrimsprogress.org to contact us.

- The downloads include Microsoft Word documents and PDFs. Note: GCP is unable to provide technical support.

- The digital download also includes a Song Lyric sheet for all the songs, as well as the Door Hanger template for Lesson 8.

Website

- Visit www.childrenspilgrimsprogress.org to find additional articles and more resources, such as How to Read an Allegory. We’d also love to hear how you’re using this curriculum, and we encourage you to share pictures, videos, and more with others in ministry on the website.

Closing Program Options

- You may want to schedule a closing program. When you purchase the Deluxe Classroom Kit, you will get a code by email to download two closing programs and other valuable resources. Two creative and fun options are provided:

  1. Musical Drama
     > How-to Guide, Script, Invitation
  2. Fair with Mini-concert
     > How-to Guide, Activity Paper, Invitation

- Become familiar with both options. Showing family, friends, and the church community what took place in club is important. The closing program will give your young pilgrims a meaningful opportunity to share what they have learned.

- Halfway through Kids’ Quest Pilgrims Club, you will notice reminders concerning the closing program in the manual. This is the time to start planning ahead. Give plenty of time to select a closing program, set a date, send out invitations, have rehearsals and planning meetings, and make final preparations.

- The instructions will guide you step by step in putting together either program. Print and refer to the sidebar notes and include the available handouts in your preparation. Planning ahead and having everything in place will ensure a successful and enjoyable final presentation.
**Preparing for the Journey continued**

**Dramatic Reading and Songs**

- The *Pilgrim’s Progress* Dramatic Reading and *Songs for the Journey* recordings are important parts of this curriculum. The dramatic reading includes different characters’ voices, musical interludes, and sound effects. It will capture the attention of club members as they listen while following along in their own books. Do not leave out this compelling part of your meeting.

- Also included in the Deluxe Classroom Kit is the *Songs for the Journey* recording designed to help children grasp Christian’s pilgrim story and the truths found therein. As each song is introduced, you will find the words in the *On the Go* paper for that lesson. The songs are used in the musical drama closing program (code sent by email with purchase of kit; more info on p. 6).

- Lyrics for all songs are included in the closing program download.

**Studies for Parents and Adults**

If the parents and adults in your church would like to study *Pilgrim’s Progress* along with the children, there are two excellent resources available:

- The theological editor and consultant for this project, John Musselman, has studied *Pilgrim’s Progress* for many decades and has written a modern translation with accompanying group study questions and lecture notes. Books are available from The Jackson Institute to order and PDFs for free downloads, [www.tji.org](http://www.tji.org).

- Derek W. H. Thomas and Ligonier Ministries has produced an online course through their adult studies ministry titled *Ligonier Connect*. It includes lectures by Thomas and is based on an old English translation of the book. DVDs, CDs, and other materials are available at [www.ligonier.org](http://www.ligonier.org).

**Special Features**

**Explanations, Instructions, and Questions**

- **Bold type** indicates the words you speak to the children during the lesson.

- **Blue italic** type in parentheses gives the answers to questions.

**Optional and Adaptable Activities**

- Optional activities are provided for longer meetings and for enrichment.

- Ways to adapt activities are suggested to meet the needs of different ages and the size of your club.

**Sidebar Items**

- Pictures, symbols, and graphics make this book user-friendly and easy to follow.

- Additional theological notes deepen your understanding and help you grow.

- Teaching tips and suggestions strengthen your teaching and leading.

**Shorter or Longer?**

If you have a shorter time, focus primarily on the activities in *Journeying On*. With more time, include all four lesson steps and as many of the options provided as you are able.